

SGLT2i : Beyond Glucose Lowering Effects





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Current Status of Diabetes & Diabetes Treatment Guidelines

Diabetes prevalence and Control rate

The prevalence of diabetes in Korea is continuously increasing, and the drug treatment rate for diabetic patients has increased, but the control rate of achieving glycated hemoglobin less than 6.5% has actually decreased.



•당뇨병 유병자: 공복혈당이 126 mg/dL 이상이거나 의사진단을 받았거나 당뇨병약제로 치료 중이거나, 당회혈색소가 6.5% 이상인 경우 •당뇨병 인지율: 당뇨병 유병자(당화혈색소 기준) 중 의사로부터 당뇨병 진단을 받은 분율

• 당뇨병 치료율 : 당뇨병 유병자(당회혈색소 기준) 중 현재 당뇨병약제로 치료 중인 분율 • 당뇨병 조절률 : 당뇨병 유병자(당회혈색소 기준) 중 당회혈색소가 6.5% 미만인 분율





Diabetes management level and Glucose control status

In the case of diabetes treatment, the control rate is 24.5%, with about 75% of patients not reaching the control target, and the control rate below 7.0% of glycated hemoglobin is only half, requiring additional glucose control.



•당뇨병 유병자: 공복혈당이 126 mg/dL 이상이거나 의사진단을 받았거나 당뇨병약제로 치료 중이거나, 당화혈색소가 6.5% 이상인 경우 •당뇨병 인지율: 당뇨병 유병자(당화혈색소 기준) 중 의사로부터 당뇨병 진단을 받은 분율 • 당뇨병 치료율 : 당뇨병 유병자(당화혈색소 기준) 중 현재 당뇨병약제로 치료 중인 분율 • 당뇨병 조절률 : 당뇨병 유병자(당화혈색소 기준) 중 당화혈색소가 6.5% 미만인 분율

Reference 1. 대한당뇨병학회. Diabetes fact sheet in Korea 2022.



Diabetes and Comorbidites

Because the proportion of diabetes patients with obesity, high blood pressure, and hypercholesterolemia is high, integrated management is required, including not only glucose control, but also weight, blood pressure, and LDL-C control.



• 당뇨병 유병자:공복혈당이126 mg/dL 이상이거나 의사진단을받았거나 당뇨병약제로 치료 중이거나,당화혈색소가65% 이상인 경우 • 비만(체질량지수기준)(Kg/m²):① <18.5 저체중 ② 18.5-22.9 정상체중 ③ 23.0-24.9 비만전단계 ④ 25.0-29.9 1단계 비만 ⑤ 30.0-34.9 2단계 비만 ⑥ 35.0 이상 3단계 비만 • 고혈압 유병률 : 수축기 혈압이 140 mmHg 이상이거나 이완기혈압이 90 mmHg 이상 또는 고혈압약제를 복용한 분율. • 고혈압 조절률 : 수축기 혈압이 140mmHg 미만이고 이완기혈압이 85mmHg 미만인 분율 • 고콜레스테롤혈증 유병률 : 혈중 LDL-C이 100 mg/dL 이상이거나 콜레스테롤강하제를 복용한 분율(%). • 고콜레스테롤혈증 조절률 : 혈중 LDL-C이 100 mg/dL 미만인 분율(%)





Type 2 Diabetes Medication Treatment Algorithm (2023)



α-GI, alpha-glucosidase inhibitors; ACS, acute coronary syndrome; CHD, coronary heart disease; DPP-4i, dipeptidyl peptidase-4 inhibitor; GLP-1RA, glucagon-like peptide-1 receptor agonist; HF, heart failure; MI, myocardial infarction; SGLT2i, sodium-glucose cotransporter 2 inhibitors; OAD, oral antidiabetic drug; SU, sulfonylurea; TZD, thiazolidinedione

Ref. 당뇨병 진료지침 요약. 2023. 제8판. 대한당뇨병학회



According to the Korean Diabetes Association guidelines,

it is recommended to select SGLT2i drugs

in cases with heart failure, chronic kidney disease, or atherosclerotic cardiovascular disease.

권고 10. 심부전을 동반한 경우 심부전이익이 입증된 SGLT2억제제를 당화혈색소 수치와 무 관하게 우선 사용하고 금기나 부작용이 없는 한 유지 (문작위대조연구, 일반적권고) 권고 11. 알부민뇨가 있거나 추정사구체여과율이 감소한 경우 신장이익이 입증된 SGLT2억 제제를 당화혈색소 수치와 무관하게 우선 사용하고 금기나 부작용이 없는한 유지(문작위대조연구, 일 민적권고) 권고 12. 죽상경화심혈관질환을 동반한 경우 심혈관이익이 입증된 GLP-1수용체작용제 혹은 SGLT2억제제를 포함한 치료를 우선(문작위대조연구, 일반적권고)





2023 American Diabetes Association(ADA) Guideline

The 2023 ADA guidelines recommended SGLT2i first for type 2 diabetes patients with ASCVD, HF, and CKD, as well as type 2 diabetes patients <u>at high cardiovascular risk.</u>



ACEi, angiotensin-converting enzyme inhibitor; ACR, albumin-to-creatinine ratio; ARB, angiotensin receptor blocker; ASCVD, atherosclerotic cardiovascular disease; CGM, continuous glucose monitoring; CKD, chronic kidney disease; CV, cardiovascular; CVD, cardiovascular disease; CVOT, cardiovascular outcomes trial; DPP-4i, dipeptidyl peptidase 4 inhibitor; eGFR, estimated glomerular filtration rate; GLP-1 RA, glucagon-like peptide 1 receptor agonist; HF, heart failure; HFpEF, heart failure with preserved ejection fraction; HFrEF, heart failure with reduced ejection fraction; HHF, hospitalization for heart failure; MACE, major adverse cardiovascular events; MI, myocardial infarction; SDOH, social determinants of health; SGLT2i, sodium-glucose cotransporter 2 inhibitor; T2D, type 2 diabetes; TZD, thiazolidinedione.

Ref.> ElSayed NA, Aleppo G, Aroda VR, et al. Diabetes Care. 2023;46(Suppl 1):S140-S157.



Glucose Lowering Effect

Type 2 Diabetes Pathogenesis : "The Ominous Octet"

Increased glucose reabsorption by SGLT2 in the kidney worsens hyperglycemia.



SGLT2, sodium glucose cotransporter 2; DPP-4, dipeptidyl peptidase-4; GLP-1 RA, glucagon-like peptide 1 receptor agonist; TZD, thiazolidinedione



SGLT2 (Sodium GLucose coTransporter 2) Inhibitor's Mechanism of Action



SGLT2i, sodium glucose cotransporter 2 inhibitor.



5 Characteristics of SGLT2-I





Ref) Zelniker, T.A. et al. J Am Coll Cardiol. 2020;75(4):422-34.

Comparison of Glucose lowering effects of Diabetes Medications (Harrison's Principles 21th edition)

SGLT2-I vs. DPP4-I \rightarrow equal or higher glucose lowering effect

	Mechanism of Action	Examples ^a	HbA _{1c} Reduction (%) ^b
Biguanides ^{c*}	↓ Hepatic glucose production	Metformin	1-2
α-Glucosidase inhibitors ^{c**}	↓ GI glucose absorption	se absorption Acarbose, miglitol, voglibose	
DPP4 inhibitors ^{c***}	Prolong endogenous GLP-1 action	Alogliptin, anagliptin, gemigliptin, linagliptin, saxagliptin, sitagliptin, teneligliptin, vildagliptin	0.5-0.8
Insulin secre-tagogues: sulfonylureas ^{c*}	↑ Insulin secretion	Glibornuride, gliclazide, glimepiride, glipizide, gliquidone, glyburide, glyclopyramide	1-2
Insulin secre-tagogues: nonsulfonylureas ^{c***}	↑ Insulin secretion	Nateglinide, repaglinide, mitiglinide	0.5-1.0
SGLT-2 inhibitors***	↑ Urinary glucose excretion	Canagliflozin, dapagliflozin, empagliflozin	0.5-1.0
Thiazolidinediones ^{c***}	↓ Insulin resistance, ↑ glucose utilization	Rosiglitazone, pioglitazone	0.5-1.4



*Examples are approved for use in the United States; others are available in other countries. Examples may not include all agents in the class. *HbA₁₂ reduction (absolute) depends partly on starting HbA₁₂. Used for treatment of type 2 diabetes. ⁴Used in conjunction with insulin for treatment of type 1 diabetes. Cost of agent in the United States; 'low, ''moderate, ''high, '''' CHF, congestive heart failure; CV, cardiovascular; DM, diabetes mellitus; GI, gastrointestinal; DKA, diabetic ketoacidosis; GLP-1, glucagon-like peptidae-1; DPP4i, dipeptidyl peptidase-4 inhibitor; SGLT2i, sodium-glucose cotransporter 2 inhibitors

SGLT2 inhibitors vs. DPP4 inhibitors : Glucose Lowering Effect

SGLT2i is evaluated as a drug with a higher weight loss effect compared to other classes in E the KDA guidelines, and is classified as a drug with a stronger glucose lowering effect than **DPP4i** in the ADA guidelines.



SGLT2-I Add-on to Metformin : Glucose Lowering Effect

In a meta-analysis comparing other diabetes treatments, <u>when SGLT2-I was used in combination with Metformin,</u> <u>additional 0.8% reduction in glycated hemoglobin (HbA1c).</u>



AGI, α glucosidase inhibitor; SGLT2i, sodium glucose sotransporter-2 inhibitor

*All antihype3rglycemic classes were significantly different vs placebo.+An estimate of HbA1c reduction; SGLT2 inhibitors were not included in the network meta analysis2



Dapagliflozin has shown excellent hypoglycemic effects in diabetic patients as monotherapy and in combination with various drugs.



MET, metformin; SU, sulfonylurea; DPP-4, dipeptidyl peptidase-4; OAD, oral antidiabetic drug.



Dapagliflozin Add-on to Metformin (Long-term therapy) : Glucose Lowering Effect

Additional combination of Dapagliflozin with Metformin showed a continuous hypoglycemic effect when administered for a long period (102 weeks).





Metformin 단독요법으로혈당이조절되지않는T2DM 환자(HbA1C 7-10%)를 대상으로dapagliflozin군(2.5 mg, n=137; 5 mg, n=137; or 10 mg, n=135) 또는 위약군(n=137)으로 무작위배정하여오픈라벨의metformin (≥1500 mg) 과 함께 102주간(24주+78주 extension) 투여후혈당강화효과를비교한다기관,평행군,이중맹검,3상 임상시험

DAPA, dapagliflozin; MET, metformin; PBO, placebo; CI, confidence interval.





Safety & Medication Guidance

A meta-analysis of cardiovascular events in 21 phase 2b/3 clinical trials using Dapagliflozin found no increased risk of major cardiovascular events (cardiovascular death, stroke, myocardial infarction, and hospitalization for unstable angina).

MACE + UA and MACE

	D/	APA	Co	ntrol			
Subgroup	n/N	Event rate/ 100 p-y	n/N	Event rate/ 100 p-y	Favours DAPA ← ■→ CTRL	HR (95% CI)	
MACE+UA							
Overall	95/5699	1.46	81/3240	2.15	⊢_⊞_ 1	0.787 (0.579, 1.070)	
CVD History	67/1826	2.94	61/1333	3.76	F	0.806 (0.562, 1.156)	
Elderly patients with CVD risk	33/653	4.19	32/535	5.06	⊢	0.824 (0.497, 1.365)	
MACE							
Overall	72/5418	1.15	62/3101	1.69	F	0.772 (0.543, 1.097)	
CVD History	50/1799	2.21	45/1325	2.76	FB1	0.802 (0.527, 1.221)	
Elderly patients with CVD risk	26/653	3.28	23/535	3.61	F	0.916 (0.512, 1.640)	
				0.1	1 1 HR (95% CI)	10	

Data presented for the overall population, the subgroup of patients with a history of CVD (CVD history) and the subgroup of elderly patients aged ≥65 years with a history of CVD and hypertension (Elderly patients with CVD risk). n is the number of patients with an event; N is the number of patients in treatment group.

CI confidence interval, CTRL control, CVD cardiovascular disease, DAPA dapagliflozin, HR hazard ratio, MACE major adverse cardiovascular events (cardiovascular death, myocardial infarction and stroke), MACE + UA MACE plus unstable angina, p-y = patient years.

Ref) Sonesson C, Johansson PA, Johnsson E, Gause-Nilsson I. Cardiovascular effects of dapagliflozin in patients with type 2 diabetes and different risk categories: a meta-analysis. Cardiovasc Diabetol. 2016 Feb 19;15:37.



Dapagliflozin vs. Sulfonylurea : Low incidence of Hypoglycemia

With Metformin, Dapagliflozin showed a significantly lower incidence of hypoglycemia compared to SU (glimepiride).

Incidence of Hypoglycaemia

				Number (%) of patients			
(%		N=13	Adverse event category	DATA + MET (n = 313)	GLIM + MET (n = 312)		
ed ber ('		(4.2%)	Hypoglycaemia, number of events (proportion of total events in	a each category, %) ^a prior to reso	cue		
ntirm num			Overall events (N = 358)	10 (2.8)	329 (91.9)		
≥1 co vent,			Major hypoglycaemia ^b (N = 0)	0	0		
. with nic† e			Episode of hypoglycaemia ^c (N = 224)	1 (0.4)	216 (96.4)		
tients lycaeı			Other episode of hypoglycaemia ^d (N = 65)	7 (10.8)	48 (73.8)		
Pa ypogl			Confirmed hypoglycaemia ^e (N = 26)	0	25 (96.2)		
Ч	N=0 (0%)		Asymptomatic hypoglycaemia ^f (N = 69)	2 (2.9)	65 (94.2)		
	DAPA + MET	GLIM + MET					

^a Percentages reflect total number of each type of event across all treatment groups.
 ^b Major hypoglycaemic episode: symptomatic episode requiring external assistance with glucose <3.0 mmol/L (<54 mg/dL).
 ^c Hypoglycaemia: symptomatic episode with glucose ≤3.9 mmol/L (≤70 mg/dL).

^d Other episode of hypoglycaemia: symptomatic episode, with or without glucose >3.9 mmol/L (>70 mg/dL).
^e Confirmed hypoglycaemia: typical symptoms with glucose ≤2.8 mmol/L (≤50 mg/dL).
^f Asymptomatic hypoglycaemia: event with absence of symptoms but with glucose 53.9 mmol/L (≤70 mg/dL).

[†]**Confirmed hypoglycaemia**: typical symptoms with glucose ≤2.8 mmol/L (≤50 mg/dL)

Study Design Among 939 T2DM patients (HbA1C 7.5-10.5%) who had taken metformin (≥1500 mg/day) for more than 8 weeks, dapagliflozin 10 mg (n=314), dapagliflozin 10 mg + saxagliptin 5 mg (n=312), 52-week, multicenter, parallel group, double-blind, active control group, phase 4 clinical trial comparing efficacy and safety by randomly assigning to glimepiride 1-6 mg (n=313) treatment group.

CI, confidence interval; DAPA, dapagliflozin; GLIM, glimepiride; HbA1c, glycated haemoglobin; MET, metformin; SBP, systolic blood pressure; SU; sulfonylurea.



Dapagliflozin has been reported to cause urinary tract infections and genital infections due to its mechanism of action, which involves eliminating excess glucose through the kidneys.

A comparable safety profile was also seen in

	real-world observation	onal studies
)	Placebo-controlled pool (short-term) ¹⁾	• Most u were r

Fvents (%)	Placebo-controlled pool (short-term) ¹⁾					
	Dapagliflozin 10 mg	Placebo (N=2295)				
UTIs	110 (4.7%)	81 (3.5%)				
Genital infections	130 (5.5%)	14 (0.6%)				

- Most urinary tract infections (UTIs) and genital infections* were mild to moderate in severity;
- Rarely, it has resulted in discontinuation of dapagliflozin and can usually resolve with a single dose of standard treatment¹⁾.
- Pyelonephritis was uncommon and occurred at a similar frequency to controls¹).

*Genital infection includes the preferred terms: Vulvovaginal mycotic infection, vaginal infection, balanitis, genital infection fungal, vulvovaginal candidiasis, vulvovaginitis, balanitis candida, genital candidiasis, genital infection, genital infection male, penile infection, vulvitis, vaginitis bacterial and vulval abscess.

UTI, urinary tract infection.



Safety for Elderly Patients

E Dapagliflozin can be used safely in elderly patients without increasing the risk of side effects.

	Dapaqliflozin		Placebo					
	n/N(%)	Rates per 1000 person-years	n/N(%)	Rates per 1000 person-years		Hazard ratio (95%, CI)	p value	p Interaction
Serious adverse event								
<65 years	1450/4626 (31.3%)	103.4	1503/4619 (32.5%)	111.3		0.93 (0.86, 1.00)	0.0395	0.2667
65 · <75 years	1215/3411(35.6%)	122	1333/3395 (39.3%)	141		0.88 (0.81, 0.95)	0.0012	
≥75 years	260/537 (48.4%)	191.7	264/555 (47.6%)	190.5	H R -1	1.02 (0.85, 1.21)	0.8648	
Major hypoglycemic event								
<65 years	28/4626 (0.6%)	1.7	28/4619 (0.6%)	1.7	⊢ ∎1	0.97 (0.58, 1.64)	0.9149	0.2107
65 · <75 years	21/3411 (0.6%)	1.7	41/3395 (1.2%)	3.5	⊢	0.50 (0.29, 0.84)	0.0095	
≥75 years	9/537 (1.7%)	5.2	14/555 (2.5%)	7.9		0.68 (0.29, 1.57)	0.3611	
Fracture								
<65 years	205/4626 (4.4%)	11.3	200/4619 (4.3%)	11.1	⊢∎-1	1.02 (0.84, 1.24)	0.8642	0.5245
65 · <75 years	212/3411 (6.2%)	15.9	208/3395 (6.1%)	15.7	⊢∎-i	1.02 (0.84, 1.23)	0.8728	
≥75 years	40/537 (7.4%)	19.9	32/555 (5.8%)	15.1	⊢	1.36 (0.85, 2.17)	0.1994	
Symptoms of volume depletion								
<65 years	96/4626 (2.1%)	5.8	86/4619 (1.9%)	5.4	⊢∎-1	1.07 (0.8, 1.44)	0.6316	0.4046
65 · 75 years	96/3411 (2.8%)	8.0	90/3395 (6.1%)	7.7	⊢ ∎-1	1.06 (0.79, 1.41)	0.7076	
≥75 years	21/537 (3.9%)	12.1	31/555 (5.6%)	17.6	∎ - <u>+</u> -1	0.70 (0.40, 1.23)	0.2169	
Acute kidney injury								
<65 years	58/4626 (1.3%)	3.5	80/4619 (1.7%)	5.0	⊢-∎- -1	0.69 (0.49, 0.97)	0.0319	0.6922
65 · <75 years	56/3411 (1.6%)	4.6	73/3395 (2.2%)	6.2	⊢ ∎-1	0.75 (0.53, 1.07)	0.1135	
≥75 years	11/537 (2%)	6.3	22/555 (4%)	12.3	⊢	0.52 (0.25, 1.08)	0.0778	
) 6.0		

— Dapaqliflozin — 🛛 — Placebo —>



1. Drink 1-2 more glasses of water^{2,3)}

2. Stay clean by considering the mechanism of action³⁾

- After urinating, wipe from front to back with a clean toilet paper⁴⁾
- Using a mild bidet helps with cleanliness⁵⁾

3. Please maintain a healthy lifestyle¹⁾

• Avoid excessive alcohol consumption and eat a balanced diet

4. If you experience itching or pain, consult your doctor

- Genital itching or pain can be improved through topical ointment treatment⁴⁾
- The sitting bath in lukewarm water helps improve symptoms⁴⁾

Ref. 1. The Journal of Korean Diabetes 2014;15(3):158-162. 2. Foxiga package leaflet : Information for the patient. EMA. 2016 3. American pharmacists Association. SGLT-2 inhibitors for type 2 diabetes : clinical consideration. Available at http://www.pharmacists.com/ accessed on Aug 2016 4. Joishy M, et al. Do we need to treat vulvovaginitis in prepubertal girls? BMJ 2005;330:186-188 5. Ryoo SB, et al. effect of electronic toilet system (Bidet) on anorectal pressure in normal healthy volunteer : influence of Different type of water stream and temperature 6. http://dx.doi.org/10.1136/bmjdrc-2020-001238





IDEAL Combination Therapy – DPP4i

Current status of combination therapy with diabetes medications

Combination therapy with oral hypoglycemic agents has steadily increased every year, and as of 2019, approximately 80% of patients are taking two or three or more drugs in combination.





Diabetes medication reimbursable combination therapy – SGLT2i combination newly established

From April 2023, Met + SGLT2i + DPP4i triple therapy becomes reimbursable.

(3) 인정 가능 2제 요법

				Maglitinida	α-glucosedase	Thiazoli-	DPP-IV	SGLT-2 inhibitor			
	f 문	Mettormin	Sulfonylurea	Meglitinide	inhibitor	dinedione	inhibitor	dapagli flozin	ipragli flozin	Empagli flozin	ertugli flozin
Met	tformin		인정	인정	인정	인정	인정	인정	인정	인정	인정
Sulfo	onylurea	인정		$>\!$	인정	인정	인정	인정	인정	인정	인정
Meg	glitinide	인정	\succ		인정	인정	\succ	\succ	\succ	\succ	\succ
a-glu int	cosidase nibitor	인정	인정	인정		\succ	\succ	\succ	\succ	\succ	\succ
Th din	iazoli- edione	인정	인정	인정	$>\!$		인정	\succ	\succ	\succ	\succ
DI int	PP-IV hibitor	인정	인정	\succ	$>\!$	인정		\succ	\succ	\succ	\succ
	Dapagli Flozin	인정	인정	\succ	> <	\succ	\triangleright				
SGL T-2	lpragli Flozin	인정	인정	\succ	> <	\succ	\triangleright				
inhi bitor	Empagli Flozin	인정	인정	\succ	> <	\geq	\triangleright				
	Ertugli Flozin	인정	인정	\succ	> <	\succ	\triangleright				

(4) 2제요법 투여대상으로 2제요법 인정 가능 성분 중 1종만 투여한 경우도 인정함.

나) 3제요법

O 2제요법을 2-4개월 이상 투여해도 HbA1C가 7% 이상인 경우에는 다른 기전의 당뇨병 치료제 1종을 추가한 병용요법을 인정함. 단, 2제 요법(다음의 <u>3제 요법은 인정함</u> (2제 요법 후 HbA1C≥7.0%) <mark><삭제> 나, Metformin+Sulfonylurea + Empagliflozin은 인정함.</mark> 다음이 3제요법은 인정함

<u>- 다음-</u>

(1) metformin + SGLT-2 inhibitor + DPP-IV inhibitor

(2) metformin + SGLT-2 inhibitor(ertugliflozin 제외) + Thiazolidinedione

나. Insulin 요법

1) 난녹요법: (연행과 같음)

2) 경구제와 병용요법

Insulin 단독요법 또는 경구용 당뇨병치료제 투여에도 HbA1C가 7% 이상인 경우 Insulin과 경구용 당뇨병 치료제의 병용요법을 인정함. 가) Insulin과 경구용 당뇨병치료제 2종까지 병용요법을 인정함. 단, 경구용 당뇨병 치료제 2제 요법에서 인정되지 않는 약제의 조합이 포함 되어서는 아니 됨. <<mark>삭 제> 나) Ertugliflozin, Ipragliflozin은 Insulin 주사제와 병용시 인정하지 아니함. <이하 현행과 같음></mark>



Analysis of prescription patterns by diabetes medication ingredient

Metformin, DPP-4i, and SGLT-2i have been steadily increasing until recently, and in particular, the two drugs Metformin and DPP-4i are showing a high prescription rate of over 60%.





Clinical effect of Combination with SGLT2 inhibitor and DPP4 inhibitor by Mechanism



< Glucose Lowering properties>

SGLT2i: Lowering glucose before meals + Lowering 24hour average glucose DPP4i: Lower glucose level before/after meal + Lower average glucose level for 24 hours + Reduce glucose fluctuation range SGLT2i: Weight loss effect (energy loss through urinary glucose excretion), insulin resistance improvement effect DPP4i: Glucose-dependent insulin secretion promoting action Increased glucagon secretion by SGLT2i → Causes glucose fluctuations Together with DPP4i, glucagon secretion is suppressed \rightarrow Reduces blood sugar volatility SGLT2i & DPP4i inhibit sympathetic nerve activity \rightarrow Positive impact on cardiovascular disease **Positive Synergic Effect**

T2DM, type 2 diabetes mellitus; DPP-4, dipeptidyl peptidase-4; SGLT-2, sodium-glucose cotransporter-2; GLP, glucagon-like peptide.



Considerations when selecting the optimal combination of diabetes medications

Physiologic Effects				
	Insulin secretion			
Dathanhyciology	Glucagon secretion			
Pathophysiology	Hepatic Glucose Production			
	Insulin sensitivity			
	Body weight			
Distropic	Food intake			
Pleiotropic	Blood pressure			
	Lipid profile			
	CV benefit			
Cardio-renal	HF benefit			
	Renal benefit			

CV, Caridovascular; HF, Heart Failure



Dapagliflozin + Sitagliptin Phase 3 clinical result

Phase 3 clinical result showed a clear HbA1c reduction effect when Sitagliptin Add on treatment with dapagliflozin in type 2 diabetes patients.



Fig. I. Adjusted mean change from baseline in HbA1c over time

[Study] This study is phase 3, randomized, 24 weeks, double-blinded, placebo controlled, parallel group, open label, study included adult patients with glycated hemoglobin (HbA1c) \geq 7% and \leq 10% to compare efficacy and safety of Dapagliflozin + Sitagliptin vs Sitagliptin. All patients received sitagliptin 100mg/day. Dapagliflozin 10mg or placebo was adiministered orally once daily.

Ref. Dapagliflozin Is Effective as Add-on Therapy to SitagliptinWith or Without Metformin: A 24-Week, Multicenter, Randomized, Double-Blind, Placebo-Controlled Study, Serge A. Jabbour,1 Elise Hardy.2 Jennifer Sugg.2 and Shamik Parikh.2 for the Study 10 Groups', Diabetes Care Volume 37, March 2014



FDC (DAPA + SITA + MET) ER vs (SITA + MET) SR vs (DAPA + MET) ER

The DAPA + SITA + MET three-drug regimen was well tolerated, and the adverse event rate was similar to the twodrug regimen.

	DAPA + SITA + MET ER $(N = 137)$		SITA + MET SR (N = 139)		DAPA + MET $(N = 139)$	
	n (%)	E	n (%)	E	n (%) E	E
Any TEAEs	14 (10.2%)	24	11 (7.9%)	17	13 (9.4%)	17
Serious TEAEs	0	0	0	0	0	0
TEAEs leading to study drug discontinuation	0	0	0	0	0	0
Hypoglycemia	0	0	1 (0.7%)	1	0	0
TEAEs by PT with \geq 1% overall incidence in	any of the arms	\$				
Diarrhea	1 (0.7%)	1	3 (2.2%)	3	0	0
Gastritis	3 (2.2%)	3	1 (0.7%)	1	0	0
Hyperchlorhydria	2 (1.5%)	2	1 (0.7%)	1	1 (0.7%)	1
Vomiting	3 (2.2%)	3	1 (0.7%)	1	1 (0.7%)	1
Asthenia	0	0	1 (0.7%)	1	2 (1.4%)	2
Pyrexia	1 (0.7%)	1	3 (2.2%)	3	1 (0.7%)	1
Headache	1 (0.7%)	1	0	0	3 (2.2%)	3

*1 case of hypoglycemia (level 1) occurred in the SITA+MET SR group

DAPA, dapagliflozin; ER, extended release; FDC, fixed-dose combination; SITA, sitagliptin; SR, sustained release; TEAE, treatment-emergent adverse event

[Study] This study is phase 3, randomized, open-label, active-controlled study included adult patients with glycated hemoglobin (HbA1c) \geq 8% (64 mmol/mol) and \leq 11% (97 mmol/mol) to compare efficacy and safety of triple drug FDC of DAPA+SITA+MET ER vs. SITA+MET SR vs. DAPA+MET ER. Randomization was in 1:1:1 ratio to receive either FDC of DAPA+SITA+MET ER (10/1000 mg) tablets once daily (n = 137) or co-administration of SITA+MET SR (100/1000 mg) tablets once daily (n = 139) or FDC of DAPA+MET ER(10/1000 mg) tablets once daily (n = 139). Primary endpoint was mean change in HbA1c from baseline to week 16.

Sahay RK, Giri R, Shembalkar JV, et al. Adv Ther. 2023;10.1007/s12325-023-02523-z.



Considerations when selecting the optimal combination of diabetes medications

Physiologic Effects		SGLT-2i	DPP-4i	Combination
	Insulin secretion	\leftrightarrow	1	1
	Glucagon secretion	1	Ļ	\leftrightarrow
Pathophysiology	Hepatic Glucose Production	1	Ļ	\leftrightarrow
	Insulin sensitivity	1	\leftrightarrow	1
	Body weight	Ļ	\leftrightarrow	Ļ
	Food intake	↔ ↑	\leftrightarrow	↑ ↔
Fleiotropic	Blood pressure	Ļ	\leftrightarrow	Ļ
	Lipid profile	Ļ	\Leftrightarrow	Ļ
	CV benefit	1	\leftrightarrow	1
Cardio-renal	HF benefit	1	$\leftrightarrow \downarrow$	\leftrightarrow
	Renal benefit	1	↔ ↑	1
Side offect	Hypoglycemia	4	4	$\downarrow \downarrow$
	Genital infection	1	\leftrightarrow	↑ or ↔

CV, Caridovascular; **HF**, Heart Failure





Summary & Product Information

Diabetes increases the risk of developing cardiovascular disease due to **obesity**, **high blood pressure**, **etc.**, so **integrated management** of accompanying disease is **necessary**.

Dapagliflozin is a SGLT2i drug that reduces glucose levels by inhibiting glucose reabsorption in the kidneys and increase glucose excretion in urine.

- Dapagliflozin shows glucose effect regardless of the action of insulin, so it can be used in combination with various complementary drugs with different mechanisms of action.
- Dapagliflozin has shown strong hypoglycemic effects both as monotherapy and combination with various drugs.

- Dapagliflozin shows a significantly lower incidence of hypoglycemia and has a superior glucose lowering effect compared to SU or DPP4i.
- Dapagliflozin due to the mechanism of action, mild to moderate urinary tract infections and genital infections have been reported, but cases that lead to drug discontinuation are rare and are generally resolved with standard treatment.



제품명	다파론정 다파론듀오서방정						
성분	Dapagliflozin		Dapagliflozin + Metformin				
함량(mg)	5mg	10mg	5/500mg	5/1000mg	10/500mg	10/1000mg	
약가(원)	262원	393원	342원	381원	473원	512원	
성상	6		05/500	D5/1000	010/500	D10/1000	
효능·효과	단독 or 병용투여가 적합한 성인 제2형 당뇨병 환자의 혈당조절		병용투여가 적합한 성인 제2형 당뇨병 환자의 혈당조절				
용법·용량	1일 1회 5mg	또는 10mg	1일 1회	/ 최대 Dapagliflozir	n 10mg, Metformir	n 2000mg	

※효능·효과, 용법·용량 및 그 외 자세한 사항은 제품 설명서 참조

<u> </u>	제품 특장점		
	5mg 저함량 출시로 처방 옵션 확대		
	대조약 대비 <mark>정제크기 감소</mark> (다파론듀오 최대 약 46%)		
	대조약 대비 <mark>경제적인 약가</mark>		
	한미약품 기술력을 통한 <mark>자체 개발</mark> 및 <mark>자체 생산</mark>		The Bar and American Stream
	다파론 10mg 분할선 보유	308 308	308 308 308 308



Product Information

제품명	실다파정	실다파엠서방정		
성분	Dapagliflozin + Sitagliptin	Dapagliflozin + Sitagliptin + Metformin		
함량(mg)	10/100mg	5/50/500mg	5/50/750mg	5/50/1000mg
약가(원)	846원	633원	633원	682원
성상	sd	sdm1	sdm2	sdm 3
효능·효과	단독 or 병용투여가 적합한 성인 제2형 당뇨병 환자의 혈당조절	병용투여가 적합한 성인 제2형 당뇨병 환자의 혈당조절		
용법.용량	1일 1회 최대 100mg	1일 1회 , 2정		

※효능·효과, 용법·용량 및 그 외 자세한 사항은 제품 설명서 참조





